

## Mold and Its Effect on your Health



**Dr. Rochelle Bien & Dr. Michael Goldstein**

Exposure to damp and moldy environments may cause a variety of health effects for people with acute sensitivity. For these people, molds can cause nuisances in the form of nasal stuffiness, throat irritation, coughing, wheezing, eye irritation, or in some cases, skin irritation. Exposure to Black Mold can cause chronic fatigue and persistent headaches as well.

Martin H. sporadically struggled for seven years with debilitating headaches, chronic fatigue, and sore throats. He visited his primary doctor as well as many specialists, but to no avail. After spending a lot of

money on expensive tests and taking many prescription medications, his headaches and chronic fatigue prevailed. The headaches had become so severe it was difficult for him to focus or complete tasks.

A relative suggested Martin make an appointment with Dr. Bien, at The Holistic Center at Bristol Square, in Walpole. Since Martin lived out of state, he had to make arrangements to fly in and stay with relatives, which he did, and has happily never looked back. He was diagnosed with a mold issue that was affecting his sinuses, lymphatics, immune system, and adrenal glands.

Martin was put on a special mold-free diet and given a homeopathic protocol to detox his body from the mold. He almost immediately began to feel better. Martin has been symptom free and his energy has returned. After suffering for seven years, with no answers, he now has his life back.

If you are suffering with similar symptoms, call and make your appointment with Dr. Bien or Dr. Goldstein today. The Holistic Center at Bristol Square is located at 1426 Main St., Walpole, (508) 660-2722.